



# Aqua Fitness Schedule

## March 2024



**\*\*As a courtesy to our customers, instructor names are published on the schedule, however, are subject to change & will not be updated on this schedule or website during the week.\*\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  7:15am COMBO Shirley  9:30AM COMBO Debi	2  9:30am COMBO Shirley
3	4 7:15am LIQUID CARDIO Kathy  9:30am COMBO Sally	5  9:30am COMBO Debi	6 7:15am COMBO Shirley  9:30AM COMBO Kathy	7  9:30am COMBO Shawna	8  7:15am COMBO Shirley  9:30AM COMBO Debi	9  9:30am COMBO Shirley
10	11 7:15am LIQUID CARDIO Sandy  9:30am COMBO Sally	12  9:30am COMBO Shawna	13 7:15am COMBO Shirley  9:30AM COMBO Sally	14  9:30am COMBO Shawna	15  7:15am COMBO Shirley  9:30AM COMBO Debi	16  9:30am COMBO Shirley
17	18 7:15am LIQUID CARDIO Sandy  9:30am COMBO Sally	19  9:30am COMBO Shawna	20 7:15am COMBO Shirley  9:30AM COMBO Sally	21  9:30am COMBO Shawna	22  7:15am COMBO Shirley  9:30AM COMBO Kathy	23  9:30am COMBO Shirley
24/31 EASTER	25 7:15am LIQUID CARDIO Sandy  9:30am COMBO Sally	26  9:30am COMBO Shawna	27 7:15am COMBO Shirley  9:30AM COMBO Sally	28  9:30am COMBO Shawna	29  7:15am COMBO Shirley  9:30AM COMBO Debi	30