



Aqua Fitness Schedule

February 2024



****As a courtesy to our customers, instructor names are published on the schedule, however, are subject to change & will not be updated on this schedule or website**

<u>during the week.</u> Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am COMBO Shawna	2 7:15am COMBO Shirley 9:30AM COMBO Debi	3 9:30am COMBO Shirley
4	5 7:15am LIQUID CARDIO Sandy 9:30am COMBO Sally	6 9:30am COMBO Shawna	7 7:15am COMBO Shirley 9:30AM COMBO Sally	8 9:30am COMBO Shawna	9 7:15am COMBO Shirley 9:30AM COMBO Debi	10 9:30am COMBO Shirley
11	12 7:15am LIQUID CARDIO Kathy 9:30am COMBO Sally	13 9:30am COMBO Shawna	14 7:15am COMBO Shirley 9:30AM COMBO Sally	15 9:30am COMBO Shawna	16 7:15am COMBO Shirley 9:30AM COMBO Debi	17 9:30am COMBO Shirley
18	19 7:15am LIQUID CARDIO Sandy 9:30am COMBO Sally	20 9:30am COMBO Shawna	21 7:15am COMBO Shirley 9:30AM COMBO Sally	22 9:30am COMBO Shawna	23 7:15am COMBO Shirley 9:30AM COMBO Debi	24 9:30am COMBO Shirley
25	26 7:15am LIQUID CARDIO Sandy 9:30am COMBO Sally	27 9:30am COMBO Debi	28 7:15am COMBO Shirley 9:30AM COMBO Sally	29 9:30AM COMBO Kathy		