ADULT AND SENIOR PROGRAMMING

ACTIVITIES

ADULT PROGRAMS

• Adult Volleyball Leagues
• Personal Sports Training
• Adult Basketball
• Adult Soccer Leagues

ADULT TENNIS CLINICS

• Beginners Tennis Clinics
• Doubles Warm-Up Drills
• Summer Social Mixers
• Wine and Women
• Social Ladies’ League
• Men’s and Women’s Doubles Round Robin
• Mixed Doubles
• Extreme Drill and Play
• Drop-In Ground Pickleball
• Pickleball Clinics
• Pickleball Private Lessons
• Pickleball Round Robin Tournament

SENIOR PROGRAMS

• Incliners
• IVCB Veterans Club
• Evening/Day Hikes
• Conversation Cafe
• Bocce Ball
• Bridge Lessons
• Senior Trips, Tours, and Adventures
• AARP Classes
• Veterans Ball
• Special Events
• Snowshoe Hikes
• Bowling Nights
• 55+ Senior Transportation Program: Scheduled and On-Demand
• 55+ Ski Clinics at Diamond Peak
• Digital Photography Club

SENIOR VOLUNTEER OPPORTUNITIES

• Food for Fines at the Library
• Experts Wanted for Senior Programming
• Nevada Senior Medicare Patrol
• Mentorship Programs at Incline Middle School
• IVCB Visitors Bureau Ambassador Program

OPPORTUNITIES/BENEFITS

• Good range/variety of existing activities provided
• Opportunity for cross-generational activities/programming
• Opportunity site at the old elementary school, churches, library, etc.
• Partnerships with schools, local agencies and non-profits
• Knowledge and talents of community members
• Active participation of community members: great way to get to know others in the community
• Transportation for Seniors to activities is good, but limited

CONSTRAINTS

• Lack of multi-use meeting room space for activities/programs dedicated to Seniors
• Limited number of bocce ball courts: need a minimum of 3 for league play and the only courts are at Ski Beach
• Creating awareness of amenities and activities
• Lack of covered outdoor walking track
• Programming could be enhanced for more sedentary seniors; recognize different needs of different Seniors
• Limited Washoe County-provided funding

QUESTIONS TO CONSIDER

• How do you rate the overall quality of the District’s Adult and Senior Programming Services?
• Is something missing from the Adult and Senior services or amenities that IVGID provides?
• What is the most important thing that can be done to improve the recreation experience in regards to Adult and Senior programming?