



# Aqua Fitness Schedule

## April 2024



**\*\*As a courtesy to our customers, instructor names are published on the schedule, however, are subject to change & will not be updated on this schedule or website during the week.\*\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>7:15am LIQUID CARDIO Kathy</p> <p>9:30am COMBO Sally</p>	<p>2</p> <p>9:30am COMBO Debi</p>	<p>3</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Sally</p>	<p>4</p> <p>9:30am COMBO Kathy</p>	<p>5</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Debi</p>	<p>6</p> <p>9:30am COMBO Shirley</p>
7	<p>8</p> <p>7:15am LIQUID CARDIO Sandy</p> <p>9:30am COMBO Sally</p>	<p>9</p> <p>9:30am COMBO Shawna</p>	<p>10</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Sally</p>	<p>11</p> <p>9:30am COMBO Shawna</p>	<p>12</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Debi</p>	<p>13</p> <p>9:30am COMBO Shirley</p>
14	<p>15</p> <p>7:15am LIQUID CARDIO Sandy</p> <p>9:30am COMBO Sally</p>	<p>16</p> <p>9:30am COMBO Debi</p>	<p>17</p> <p>7:15am COMBO Debi</p> <p>9:30AM COMBO Sally</p>	<p>18</p> <p>9:30am COMBO Sally</p>	<p>19</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Molly</p>	<p>20</p> <p>9:30am COMBO Shirley</p>
21	<p>22</p> <p>7:15am LIQUID CARDIO Sandy</p> <p>9:30am COMBO Sally</p>	<p>23</p> <p>9:30am COMBO Shawna</p>	<p>24</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Sally</p>	<p>25</p> <p>9:30am COMBO Shawna</p>	<p>26</p> <p>7:15am COMBO Shirley</p> <p>9:30AM COMBO Debi</p>	<p>27</p> <p>9:30am COMBO Shirley</p>
28	<p>29</p> <p>7:15am LIQUID CARDIO Sandy</p> <p>9:30am COMBO Sally</p>	<p>30</p> <p>9:30am COMBO Shawna</p>				