

RECREATION CENTER POOL

MAY 2024



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday	
6:00-7:15 am	Lap Swim	Lap Swim/ Masters Swimming	Lap Swim/ Masters Swimming	Lap Swim	Lap Swim/ Masters Swimming	CLOSED	CLOSED	CLOSED	
7:15-8:15 am	Aqua Fit- ness/ Lap Swim	Lap Swim	Aqua Fitness/ Lap Swim	Lap Swim	Aqua Fit- ness/Lap Swim	7:00-8:15 am	Lap Swim/ Masters Swimming	Lap Swim	
8:15-9:30 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:15-9:30 am	Lap Swim		
9:30-10:30 am	Aqua Fitness Lap Swim					9:30-10:30 am	Aqua Fit- ness Lap Swim	Lap Swim	
10:30am- 12:00 pm	Lap Swim/Private Lessons					10:30 am - 12:00 pm	Lap Swim/Private Lessons		
12:00-3:00 pm	Limited Lap Swim & Open Swim/Private Lessons *IMS Exploratory Program every Wed from 12:15-1:15pm—1/2 Pool*					12:00– 1:30 pm	Lap Swim/Private Lessons/ Open Swim		
3:00-4:45 pm	Limited Lap Swim & Open Swim/Private Lessons Group Lessons Mon-Thurs 4:00-5:30pm **THE POOL WILL BE CLOSED THRU 5/16 FROM 3:30-4:45pm MON—THURS FOR AQUATIC PROGRAMMING**					1:30-4:00 pm	Lap Swim /Private Les- sons/Open Swim		
4:45-5:30pm	Pre-Swim Team /Limited Lap Swim & Limited Open Swim/Private Lessons Group Lessons Mon-Thurs 4:00-5:30pm * Youth Swim Clinic Mon/Wed 4:45-5:30pm *					4:00-5:00pm	Lap Swim / Private Lessons/Open Swim		
5:30-7:45pm	NNA Swim Team 5:30-6:45pm/Limited Lap Swim/Open Swim					7:00pm Sat 4:45pm Sun	CLOSED		
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
7:15am LIQUID CARDIO 9:30am COMBO		9:30am COMBO		7:15am COMBO 9:30am COMBO		9:30am COMBO		7:15am COMBO 9:30am COMBO	

Please contact the Host Desk at (775) 832-1300 or visit us online at www.inclinerecreation.com for more information
*Pool schedule subject to change