



# Aqua Fitness Schedule October 2020



**\*\*As a courtesy to our customers, instructor names are published on the schedule, however, are subject to change & will not be updated on this schedule or website during the month.\*\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>***CLASSES WILL BE LIMITED TO 10 PEOPLE BY RESERVATION ONLY ***</b>	<i>September 28</i> 7:30am LIQUID CARDIO Sandy 9:15am COMBO Bobsie	<i>Swptember 29</i> 9:15am COMBO Kathy	<i>September 30</i> 7:30am LIQUID CARDIO Sandy 9:15am COMBO Bobsie	<i>1</i> 9:15am COMBO Debi	<i>2</i> 7:30am LIQUID CARDIO Kathy 9:15am COMBO Sally	<i>3</i> 9:30am COMBO Shirley
<b>NEW TIMES *****</b>	<i>5</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>6</i> 8:30am COMBO Kathy 9:45am COMBO Debi	<i>7</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>8</i> 8:30am COMBO Shawna 9:45am COMBO Debi	<i>9</i> 7:30am LIQUID CARDIO Kathy 9:45am COMBO Sally	<i>10</i> 9:30am COMBO Shirley
	<i>12</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>13</i> 8:30am COMBO Shawna 9:45am COMBO Debi	<i>14</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>15</i> 8:30am COMBO Shawna 9:45am COMBO Micki	<i>16</i> 7:30am LIQUID CARDIO Debi 9:45am COMBO Sally	<i>17</i> 9:30am COMBO Shirley
	<i>19</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>20</i> 8:30am COMBO Kathy 9:45am COMBO Shawna	<i>21</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>22</i> 8:30am COMBO Shawna 9:45am COMBO Sally	<i>23</i> 7:30am LIQUID CARDIO Kathy 9:45am COMBO Sally	<i>24</i> 9:30am COMBO Shirley
<i>25</i>	<i>26</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>27</i> 8:30am COMBO Kathy 9:45am COMBO Shawna	<i>28</i> 7:30am LIQUID CARDIO Sandy 9:45am COMBO Bobsie	<i>29</i> 8:30am COMBO Kathy 9:45am COMBO Micki	<i>30</i> 7:30am LIQUID CARDIO Kathy 9:45am COMBO Sally	<i>31 HALLOWEEN</i> 9:30am COMBO Micki