

INTRODUCTION TO SUP GROUP CLASS

ENJOY BEAUTIFUL LAKE TAHOE WHILE
IMPROVING YOUR STAND UP
PADDLEBOARDING SKILLS.

THIS CLASS COVERS SAFETY AND WATER
AWARENESS, EQUIPMENT, PADDLEBOARDING
BASICS, STROKE DEVELOPMENT AND SELF-
RESCUE.



SATURDAYS

**9:00 AM OR 11:00 AM (1.5 HOUR CLASS)
SKI BEACH**

AGES 14 AND OVER - \$55 PER PARTICPANT

**FEE INCLUDES PROFESSIONAL
PADDLEBOARD INSTRUCTION,
PADDLEBOARD, PADDLE, PFD, LEASH**

**Register
ONLINE** 

REGISTER.YOURTAHOEPLACE.COM
980 Incline Way, Incline Village, NV 89451
INCLINERECREATION.COM • 775-832-1310
Facebook.com/InclineVillageParksRecreation

**INCLINE
VILLAGE**
PARKS & RECREATION

PRIVATE SUP LESSONS

INDIVIDUALS - FAMILIES - KIDS

PROFESSIONAL SUP INSTRUCTION WILL BE
CATERED TO THE LEARNING NEEDS/GOALS OF
THE INDIVIDUAL/ GROUP.

DAYS: MONDAY-FRIDAY

START TIMES: 1:00 PM OR 3:00 PM

LESSON DURATION: 1.5 HOURS

AGE: 6 YEARS OLD AND OLDER

INSTRUCTION TAKES PLACE AT SKI BEACH
*ALL PARTICIPANTS MUST HAVE IVGID BEACH
ACCESS

FEE INCLUDES PROFESSIONAL PADDLEBOARD
INSTRUCTION, PADDLEBOARD, PADDLE, PFD,
LEASH

CHOOSE YOUR AREA OF FOCUS:

- LEVEL 1- INTRODUCTION TO SUP
- LEVEL 2- STROKE DEVELOPMENT/ADVANCED
MANEUVERS/ SKILL REFINEMENT
- LEVEL 3-ROUGH WATER PADDLING (WIND AND
WAVES)



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