



55+ MOUNTAIN & EBIKE SERIES

Ride beautiful trails ~ Scenic views ~ Wildlife ~ Make friends

Join IVGID Senior Programs for guided bike runs throughout beautiful Lake Tahoe!

<u>Dates & Locations:</u>	<u>Difficulty:</u>	<u>Est. Miles:</u>	<u>Elev:</u>
Oct 7 Commemorative Overland Emigrant Trail– Beautiful alpine forests, meadows and lake views!	Easy/Moderate, Dirt, Rocks	9.25 mi	820 ft
Oct 14 Donner Memorial State Park– Gorgeous fall colors, towering pines and beautiful meadows!	Easy/Moderate, Dirt, Rocks	7.2 mi	719 ft
Oct 21 Sagehen Creek Trail– Nice wildflowers and birds near the Stampede Reservoir!	Easy/Moderate, Dirt, Rocks	6 mi loop	246 ft
Oct 28 Serene Lakes– Breathtaking views! Densely wooded with tall white fir, tamarack and cedar trees!	Easy/Moderate, Dirt, Gravel	7.5 mi	209 ft

**Bring your mountain bike or mountain e-bike and lets have fun!
Please bring a snack, sunscreen, sunglasses and water.
Helmets are Required!**

Time: 9am– 12pm*
Meet: Recreation Center back parking lot to carpool
Fee: \$13 Per Participant
 \$10 w/IVGID Pass
Participants: 8 ppl min and 14 max



*some bike runs will require extra time

All bike runs are weather permitting when safety is affected.
Destinations may be subject to change.

For more information and registration, please call (775) 832-1310 or visit the
Recreation Center, 980 Incline Way



REGISTER.YOURTAHOEPLACE.COM

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INCLINERECREATION.COM • 775-832-1310

Facebook.com/InclineVillageParksRecreation

