

MASSAGE THERAPY

AT THE INCLINE VILLAGE
RECREATION CENTER
**“JUST THE WAY YOU
LIKE IT!”**

Massage is an active, healthy person’s necessity!

It can help with many health conditions:

- Lowering blood pressure
- Reducing stress levels & chronic pain
- Increasing blood & lymph circulation
- Preventing or recovering from injuries & illness
- Improved mental clarity & well-being
- Relaxing tight muscles & troubled minds
- Improving posture, flexibility & range of motion

To make an appointment or buy a gift certificate please inquire at the Incline Village Recreation Center, 980 Incline Way, Incline Village, NV or call (775)832-1300.

INTEGRATED MASSAGE*

30 MINUTES	\$50
1 HOUR	\$80
1.5 HOUR	\$120
2 HOUR	\$160

ON-SITE CHAIR MASSAGE

**\$1.50/PER MINUTE FOR OFFICES, GROUPS & EVENTS
(6 PERSON/10 MINUTES PER PERSON MINIMUM)**

***Integrated Massage can be a combination of Swedish, Sports, Deep Tissue, Aromatherapy, Shiatsu and /or Acupressure. Please specify your pressure preference prior to or during the massage. Our massage therapists are certified and licensed in Nevada.**