

July Aqua Fitness Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7 7:15am Sandy 9:30am Sally	8 9:30am Shawna	9 9:30am Sally	10 9:30am Micki	11 7:15am Shirley 9:30am Debi 10:30am Shawna	12 9:30am Shirley	13
14 7:15am Sandy 9:30am Sally	15 9:30am Shawna	16 9:30am Sally	17 9:30am Micki	18 7:15am Shirley 9:30am Debi 10:30am Shawna	19 9:30am Shirley	19
21 7:15am Sandy 9:30am Sally	22 9:30am Debi	23 9:30am Sally	24 9:30am Nancy	25 7:15am Shirley 9:30am Debi 10:30am Micki	26 9:30am Shirley	27
28 7:15am Sandy 9:30am Sally	29 9:30am Shawna	30 9:30am Sally	31 9:30am Micki			

Classes in BLUE are held at BURNT CEDAR Pool ~ Beach access is required to attend.