

August Aqua Fitness Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 7:15am Shirley 9:30am Debi 10:30am Shawna	2 9:30am Shirley	3
4 7:15am Sandy 9:30am Tamara	5 9:30am Shawna	6 9:30am Micki	7 9:30am Shirley	8 7:15am Shirley 9:30am Micki 10:30am Shawna	9 9:30am Shirley	10
11 7:15am Shirley 9:30am Sally	12 9:30am Shawna	13 9:30am Sally	14 9:30am Micki	15 9:30am Debi 10:30am Shawna	16 9:30am Micki	17
18 7:15am Sandy 9:30am Sally	19 9:30am Shawna	20 ^{New!} 7:15am Shirley 9:30am Sally	21 9:30am Debi	22 7:15am Shirley 9:30am Debi 10:30am Shawna	23 9:30am Shirley	24
25 7:15am Sandy 9:30am Sally	26 9:30am Shawna	27 7:15am Shirley 9:30am Sally	28 9:30am Debi	29 7:15am Shirley 9:30am Debi 10:30am Shawna	30 9:30am Micki	31

Classes in BLUE are held at BURNT CEDAR Pool ~ Beach access is required to attend.