

September

Aqua Fitness Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 7:15am Sandy 9:30am Sally	2 9:30am Debi	3 7:15am Shirley 9:30am Sally	4 9:30am Nancy	5 7:15am Shirley 9:30am Debi 10:30am Shawna	6 9:30am Micki	7
8 7:15am Sandy 9:30am Sally	9 9:30am Shawna	10 7:15am Shirley 9:30am Sally	11 9:30am Micki	12 7:15am Shirley 9:30am Debi 10:30am Shawna	13 9:30am Shirley	14
15 7:15am Sandy 9:30am Sally	16 9:30am Shawna	17 7:15am Shirley 9:30am Sally	18 9:30am Debi	19 7:15am Shirley 9:30am Debi 10:30am Tamara	20 9:30am Shirley	21
22 7:15am Sandy 9:30am Sally	23 9:30am Debi	24 7:15am Shirley 9:30am Sally	25 9:30am Debi	26 7:15am Shirley 9:30am Debi 10:30am Shawna	27 9:30am Shawna	28
29 7:15am Sandy 9:30am Sally	30 9:30am Shawna					

Classes in BLUE are held at BURNT CEDAR Pool ~ Beach access is required to attend.