

YOGA weekly schedule

week of September 1-7

WHILE UNDER CONSTRUCTION



TIME	MONDAY 9/1	TUESDAY 9/2	WEDNESDAY 9/3	THURSDAY 9/4	FRIDAY 9/5	SATURDAY 9/6	SUNDAY 9/7
10:10 AM						YOGA Dolores	YOGA Dolores
11:15 AM	GENTLE YOGA Dolores		YOGA Molly		GENTLE YOGA Amy		
12:15 PM		ADVANCED YOGA Amy					
5:30 PM	ADVANCED YOGA Dolores	YOGA Heather					



Yoga will be at Diamond Peak
Loft bar/deck

YOGA weekly schedule

week of September 8-14

WHILE UNDER CONSTRUCTION



TIME	MONDAY 9/8	TUESDAY 9/9	WEDNESDAY 9/10	THURSDAY 9/11	FRIDAY 9/12	SATURDAY 9/13	SUNDAY 9/14
10:10 AM						YOGA Sheri	YOGA Dolores
11:15 AM	GENTLE YOGA Barbara		YOGA Molly		GENTLE YOGA Amy		
12:15 PM		ADVANCED YOGA Amy					
5:30 PM	ADVANCED YOGA Amy	YOGA Heather					



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