REC CENTER POOL - OCTOBER SCHEDULE

Monday

Tuesday

Wednesday) (Thursday)

Friday

Saturday

Sunday

- Lap Swim6:00am 7:45pm
- Aqua Fitness 7:15am - 8:15am
- Aqua Fitness 9:30am - 10:30am
- Private Lessons 10:30am - 3:30pm
- Open Swim Noon - 7:45pm
- Group Lessons 4:00pm - 6:30pm
- Pre-Swim Team 4:45pm - 5:30pm
- Swim Team 5:30pm - 6:45pm

- Lap Swim
- Master Swim 6:00am - 7:00am

6:00am - 7:45pm

- Aqua Fitness 9:30am - 10:30am
- Private Lessons 10:30am - 3:30pm
- Open Swim Noon - 7:45pm
- Group Lessons 4:00pm - 6:30pm
- Pre-Swim Team 4:45pm - 5:30pm
- Swim Team 5:30pm - 6:45pm

- Lap Swim6:00am 7:45pm
- Master Swim 6:00am - 7:00am
- Aqua Fitness 7:15am - 8:15am
- Aqua Fitness 9:30am - 10:30am
- Private Lessons 10:30am - 3:30pm
- Open Swim Noon - 7:45pm
- IMS students 12:15pm - 1:15pm
- Group Lessons 4:00pm - 6:30pm
- Pre-Swim Team4:45pm 5:30pm
- Swim Team 5:30pm 6:45pm

Lap Swim6:00am - 7:45pm

- Aqua Fitness 9:30am - 10:30am
- Private Lessons 10:30am - 3:30pm
- Open SwimNoon 7:45pm
- Group Lessons 4:00pm - 6:30pm
- Pre-Swim Team4:45pm 5:30pm
- Swim Team 5:30pm - 6:45pm

- Lap Swim 6:00am - 7:45pm
- Master Swim6:00am 7:00am
- Aqua Fitness 7:15am - 8:00am
- Aqua Fitness9:30am 10:30am
- Private Lessons10:30am 3:30pm
- Open Swim Noon - 7:45pm

• Swim Team 5:30pm - 6:45pm

- Pool opens @ 7:00am
- Lap Swim7:00am 6:45pm
- Master Swim 7:00am - 8:00am
- Aqua Fitness 9:30am - 10:30am
- Private Lessons10:30am 6:00pm
- Open Swim Noon - 6:45pm

- Pool opens @ 7:00am
- Lap Swim 7:00am - 4:45pm

- Private Lessons10:30am 4:45pm
- Open Swim Noon - 4:45pm

• Group Lessons 5:00pm - 6:00pm

