

October

Aqua Fitness Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 7:15am Tamara 9:30am Sally	2 9:30am Shawna	3 7:15am Tamara 9:30am Sally	4 9:30am Nancy	5
6 7:15am Tamara 9:30am Debi	7 9:30am Micki	8 7:15am Shirley 9:30am Sally	9 9:30am Shawna	10 7:15am Shirley 9:30am Debi	11 9:30am Shirley	12
13 7:15am Tamara 9:30am Debi	14 9:30am Shawna	15 7:15am Shirley 9:30am Sally	16 9:30am Shawna	17 7:15am Shirley 9:30am Debi	18 9:30am Shirley	19
20 7:15am Sandy 9:30am Sally	21 9:30am Shawna	22 7:15am Shirley 9:30am Sally	23 9:30am Shawna	24 7:15am Shirley 9:30am Debi	25 9:30am Micki	26
27 7:15am Sandy 9:30am Sally	28 9:30am Shawna	29 7:15am Shirley 9:30am Sally	30 9:30am Shawna	31 7:15am Shirley 9:30am Debi		